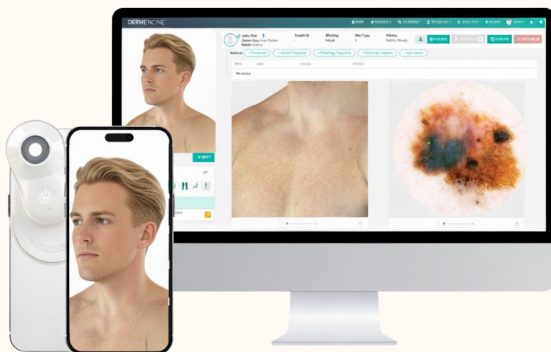


ALL ABOUT *TOTAL BODY PHOTOGRAPHY*

Total Body Photography (TBP), sometimes called “**mole mapping**,” is a way of taking detailed photos of the skin on your entire body to keep track of all your moles and spots over time, and detect changes as quickly as possible.

Anyone can choose to have TBP done. This screening provides detailed, precise data, and harnesses the power of cutting-edge technology, created in Canada, to catch subtle changes as soon as possible. It’s a **proactive, preventative service** that allows for early detection and early treatment of potentially life-threatening cancers.

You should especially consider TBP **if you’ve had skin cancers before, or if you’re at high risk of developing a skin cancer** - for instance, if you’ve used tanning beds, spent lots of time outdoors throughout your life, have family members with melanoma or other skin cancers, or have light skin/fair hair and lots of moles.



Our clinic uses a scanner called the **OptimaScan**. It uses a rotating arm with cameras and polarized lights to move around your body and take many images, in 60 seconds.

The software, **DermEngine**, then stitches these photos together to make a 3D map of your body.

We supplement these photos with extra close-up photos taken with a **dermatoscope**. This allows us to see your spots under magnification, in high resolution.

When you come back for follow-up scans, the system **makes use of AI to identify changes over time**, even very early ones that would be tough to pick up with the naked eye. When it comes to skin cancers like melanoma, which can spread and become lethal over time, **early detection can make a huge difference**.

FREQUENTLY ASKED QUESTIONS



WHAT IF I ALREADY GET MY SKIN CHECKED?

- If you are having regular skin checks by a physician - great! TBP is not meant to replace any medically indicated skin examinations by a doctor. But, it can be a useful extra tool to help your doctor find subtle changes sooner.
- TBP can also give you peace of mind if, according to skin cancer screening guidelines, you don't require regular medical skin examinations by a dermatology provider, but still want to have your skin monitored.



WHAT IS THE COST?

- TBP is a preventative service that is not currently covered by OHIP.
Initial scan \$375.00 + tax
Follow-up scan \$275.00 + tax
- Payment is due on the day of your visit, and can be made by credit card, debit, or cash. We do not accept American Express.
- Some insurance plans or health spending accounts may cover all or part of the cost - to check, please ask your insurance provider.
- We will provide you with a detailed receipt, which you can submit in a claim to your insurance plan.
- If any follow-up tests or treatments are needed because a suspicious spot was found, OHIP will cover the cost of these medically necessary steps.



CAN I HAVE ACCESS TO THE IMAGES?

- Patients can access their images online by making an account on our patient portal, MoleScope.
- If you are interested in this, please let us know so we can invite you to create an account.
- If you would like a copy of your photos in paper or PDF form - for your own records, or to provide to your doctor - please let us know and we can generate a report.



HOW OFTEN DO I NEED TO BE SCANNED?

- Most people return to the clinic once a year to repeat their scan.
- Depending on your history, risk factors, and skin findings, the doctor might recommend an earlier follow-up time - if so, you will be told this at your visit.



ARE THERE ANY RISKS INVOLVED?

- TBP is a painless, non-invasive procedure.
- There are no medical risks using polarized light to examine your skin, or having your skin photographed.



WHAT DO I DO IF I NOTICE A SPOT I'M WORRIED ABOUT BETWEEN SCANS?

- If you notice a concerning spot, do not wait for your next scan!
- See your primary care provider so they can examine the lesion and determine what next steps are needed.



HOW DO I BOOK AN APPOINTMENT?

- Call our office at **905-549-1025**, or
- Email us at medical@skinnova.ca, or
- Use our Contact Us form on our website, skinnova.ca
- **You do not need a referral** to book this kind of screening appointment.
- You do need a referral for any other skin concerns, or if you have a specific lesion you're worried might be skin cancer.



WHAT IF I MISS MY APPOINTMENT?

- If you need to reschedule or cancel your appointment, please contact us and we will be happy to assist you with this!
- Our office has a no-show policy: If you do not attend your appointment or cancel more than 24 hours before your appointment time, you will be charged a fee of \$100 before you can rebook.